## THE DEPARTMENT OF COUNSELING, LEADERSHIP & EXPRESSIVE ARTS



### Nov. 29. 2023

## DEPARTMENT OF COUNSELING, LEADERSHIP & EXPRESSIVE ARTS

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@salve\_counsel\_lead\_ex.arts

@SalveCounselingLeadershipExpressiveArts

### Dear CLEA Community,

As we count our blessings and look toward the freshness of a new year, we pause to offer thanks for our fantastic students, alums, faculty and staff, and friends. The Department is all of you, and we are grateful not only for your presence in our community, but also for the work you do in our world. Thank you, thank you, for your dedication to enhancing, empowering, and educating.

We hope you will join us either by Zoom or in person at 162 Webster for our annual holiday gathering on December 9th. It is always a fun celebration, and an opportunity for all members of our community to connect and enjoy potluck goodies!

Best wishes for a successful end of 2023, happiness and joy in your celebrations, and an energetic start to 2024!

### Julie Williams Davis

and all of the Department of Counseling, Leadership, and Expressive Arts



### November 28th

Last Day to Withdraw/Administrative Withdraw from Session II Classes

### December 19th:

Last Day of 15 Week and Session II Classes

### December 20th:

**Christmas Break Begins** 

### December 22th:

Final Grades Due

# **DEPARTMENT NEWS**



### JOIN US FOR OUR



Holiday Gathering

### 4 - 5 PM VIRTUAL ZOOM 5 - 7 PM IN PERSON GATHERING



162 WEBSTER ST. NEWPORT, RI 02840

RSVP using the Eventbrite link provided







# **ITEMS OF INTEREST**



### LUMINARIA

### On December 4, 2023

Salve Regina's campus will be illuminated by 1,000 luminarias, to welcome the holiday season! Be a part of this beautiful display of lights by making a gift and sharing a tribute in honor or memory of someone special to you. Your tribute will be inscribed on a paper lantern that will shine through the night. Luminaria tributes accepted until noon on Thursday, Nov. 30. <u>salve.edu/give-light</u>

## **SOCIAL MEDIA UPDATES**

We've updated our social media! Our account is the same, but now you can find us on Instagram @salve\_counsel\_lead\_ex.arts & Facebook @SalveCounselingLeadershipExpressiveArts

Stay updated by following our social media pages!



## **THE SANCTUARY & THE NEST**



**The Sanctuary** is our airy, warm, beautiful, sacred group experience space. It fits about 20 people comfortably seated (backjacks are provided) and 10-15 comfortably with yoga mats (12 provided). With energy that has been intentionally cultivated for years this space feels like a hug. Loving, welcoming and safe. Perfect for weekly or monthly groups, classes, trainings and experiences.

**The Nest** is a sweet, cozy, sacred space for more 1:1 work and small group experiences. Fashioned with a treatment table and sitting area, this space lends itself well to many variations of holistic practitioners such as counselors, energy workers, massage therapists, readers and more. This shared space is available on an hourly or time block schedule in order to give multiple practitioners a flexible and accessible home for their gifts.

For more information, visit The Sanctuary's website at lovelivingholistic.com.

CONTACTUS

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"It is better to be prepared for an opportunity and not have one, than to have an opportunity and not be prepared". - Whitney Young