

PATH TO GETTING YOUR LMHC

Education and Internship Requirements:

- Masters Degree in Mental Health Counseling from Accredited University with 60 education credits including:
 1. Helping Relationships and Counseling Theory (9 credits)
 2. Human Growth and Development (3 credits)
 3. Social and Cultural Foundations (3 credits)
 4. Group Counseling (3 credits)
 5. Lifestyle and Career Development (3 credits)
 6. Appraisal (3 credits)
 7. Research and Program Evaluation (3 credits)
 8. Professional Orientation (3 credits)
 9. Electives (as needed)

* see handout of "Core Curriculum Coursework Requirement Form"
- 12 semester hours of supervised practicum
- Minimum of 1000 hours of supervised internship completed over at least one year (Earned during course 608/609 Internship Seminar)
- Minimum of 2 years of post graduate work experience including at least 2,000 hours of direct client contact
- 100 hours of supervision over the two years of work experience by an LMHC, LMFT, LICSW, psychologist or psychiatrist who has been licensed, in good standing for five years and has five years of post-licensure experience, AND has successfully completed a graduate level course in supervision or is an NBCC certified supervisor or has at least 2 years experience supervising clinical staff in a mental health setting

Checklist of Completed Materials :

- Completed Application
- Official Transcript
- Two statements of good moral character (from 2 unrelated people dated no more than 6 months prior to sending in application. Letters must be signed, dated, with return address)
- Birth certificate (original, certified copy, or notarized copy)
- Check for \$70
- Passport photo
- Statements of Supervised practice (originals only, with copy of supervisor's resume)

Costs:

\$70 Licensure Application Fee

\$195 Examination Fee

\$119.95 month of membership to www.counselingexam.com *

*optional

Websites You Should Know:**LMHC Application**

www.health.ri.gov/licenses/healthcare/

www.nbcc.org

www.counselingexam.com

www.ncmhceasy.com

Once You Have Applied:

- RI Board approves of your application and sends you paperwork to register for the examination.
- You must send this paperwork to NBCC along with the examination fee of **\$195**
- NBCC (National Board of Certified Counselors) will contact you in about 4 weeks and provide you with a website that offers exam times/locations in your area
- You must take the test within six months of the day the NBCC gives you in their confirmation email.

STUDYING:

www.counselingexam.com

\$120/month tor \$65/week

Includes simulations of exam, case studies, explains the format of the test, gives test strategies, has flash cards, diagnostic quizzes and has 6 simulated exams (10 case studies each)

Other study site commonly used is: www.ncmhceasy.com

\$89/ 4 weeks

*Did not use so cannot vouch for materials or usefulness